

What's Good, Power House?



January 2025



Power House stands ready to embrace the opportunities to come in the New Year!

As we move into 2025, I give all glory to God who orchestrated the most amazing past year for Power House! I am filled with gratitude.

It thrills me to share that **all** our guests finished out 2024 clean and sober. Never before has Power House experienced such a strong, committed group willing and ready to support and encourage one another. It's nothing short of a record in the sober living community—almost an entire year with no relapses or slips! This speaks volumes about the dedication and hard work of the men in our program, and we couldn't be prouder of them.

This year also marked several key milestones for Power House. We held our first fundraiser in May, which raised vital financial support for our mission. It also allowed me the opportunity to formally recognize and reward three former Power House guests for their long-term recovery.

With the largest financial gifts Power House has ever been blessed to receive, we were able to invest in strengthening our operations and laying a solid foundation for expansion. We hired two staff and engaged professionals for bookkeeping, accounting, legal and insurance services, all of which has been instrumental for our growth. This year, we welcomed four new Board members whose insights and leadership will guide us into the future.

Looking ahead to 2025, we are eager to expand into a new property and serve more people on their recovery journeys. We are confident that with your continued support, the future holds endless opportunities for growth, transformation, and healing. We are ready!

Have a Blessed Day,

Paul Jones

In this newsletter you can expect:

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CEO + Founder

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Guest Spotlight: Ariel

Ariel Leon moved into Power House 2 years and 9 months ago. He arrived a bit nervous, not knowing what to expect in living with others working on recovery outside of treatment. Paul and the Power House brothers quickly made him feel welcomed and safe.

Over the years, Ariel has extended his own sober journey and discovered a new confidence in himself, which he credits to the structure and guidance he has received here.

Nowadays, Ariel serves as the House Lead. "It's a great honor to have the responsibility to make sure that these gentlemen continue on the right path," he says. Ariel is glad to have been entrusted to keep the house safe for all who live there.

Ariel is proud of the progress he's made, including becoming a better father and husband, strengthening his faith, earning his Class A license, and completing probation.

Looking ahead to 2025, he is focused on saving for a new car and continuing his sober journey with the support of his Power House family.



A Winter Retreat - It's All Good in the Woods

The men of Power House recently enjoyed a well-deserved break from the daily grind with a two-day winter retreat in Wrightwood, CA. Nestled in the mountains, the retreat was the perfect escape for some much-needed fun.

The spacious rental cabin was warm, inviting, and serene. The backyard had a hot tub, where the men soaked in warm waters, letting their stress melt away while sharing stories and laughter. Afterward, they fired up the BBQ for a delicious meal, enjoying the fresh mountain air and change of scenery.

The highlight of the retreat came the next day with an adventurous group trip to Mountain High. Whether on skis or snowboards, the men enjoyed carving up the slopes (or making dents in some instances), experiencing the thrill of the snow and the camaraderie of spending the day together on the mountain.

Later that night, the cabin's fireplace warmed everyone's spirits as they gathered to reflect on all 2024 had offered and the progress made in their personal recovery journeys.

From deep conversations to playful moments of male bonding, the retreat offered more than just fun — it strengthened the brotherhood that Power House is known for.

The retreat served as a powerful reminder that recovery isn't just about the work—it's about the joy of shared experiences, building lasting friendships, and recharging for the next chapter of the journey.

The men of Power House returned from Wrightwood with full hearts, renewed spirits, and deeper connections to support ongoing sobriety in 2025.



Meet Power House's Board of Directors



Paul Jones - Chair

Paul's connection to Power House began day one with dedicated leadership that has not wavered yet. With nearly 10 years of experience providing professional addiction counseling and living clean and sober himself for 13+ years, Paul leads the organization and the Board to guarantee Power House remains a safe, drug- and alcohol-free home for people in recovery. On the Board he sets agendas, recruits new members, participates in fundraising, ensures financial and legal compliance, oversees organizational performance, and more! Paul is passionate about Power House continuing to thrive and expand to serve more people in 2025.



Michael Mendoza - Vice Chair

Michael is a knowledgeable business professional with over 22 years of experience across various industries, including design, marketing, real estate, and IT. Clean and sober since May 2017, Michael was the first guest at Power House and now serves as Vice Chair on the Board. Drawing from his personal recovery journey, he contributes to Power House's growth and improvement with his thought leadership, marketing knowhow, fundraising support, and mentoring skills. In his Board role, Michael helps ensure effective governance, fosters stakeholder engagement, and advocates for the mission and the guests.



Stephanie Caldwell - President

Stephanie is a public health expert with over 15 years of experience in improving population health, specializing in health equity, affordable housing, and dismantling systemic racism in healthcare. Holding a Master of Public Health, she led executive-level initiatives at the LA County Department of Public Health, designed healthier public policies, and was managing editor for *Public Health Practice: What Works*. She is inspired by her faith to be of service at Power House, where she joyfully contributes her skills and effort to assure its long-term sustainability. On the Board, she leads strategic planning, policy oversight, funder engagement, and building beneficial partnerships for impactful support.



Jill Hopkins - Treasurer Pro Tem

Jill is a retired higher education administrator with over 30 years of experience at USC, where she supported and encouraged thousands of students in achieving their academic goals. With a deep commitment to service, she has volunteered at her church for over 20 years and is passionate about the mission of Power House, particularly the value that safe transitional housing can provide to men in recovery. As a Board member, Jill plays a key role in financial oversight, budget development, and ensuring financial viability to sustain operations. She is dedicated to providing guidance on financial matters, supporting fundraising efforts, and doing all she can to support Power House's continued success.



Claire Horita - Secretary

Claire is a talented Global HR Business Partner with over 15 years of experience in high-tech companies, specializing in leadership coaching and organizational development. She holds a Bachelor of Accountancy from the University of San Diego and is a Certified Senior Professional in Human Resources and a Certified Executive Coach. Claire's passion for personal growth and impactful leadership led her to Power House, where she is proud to contribute her time and energy. On the Board, Claire ensures precise organization and quality record keeping, leads Board development initiatives, and guarantees alignment and progress on all of Power House's strategic goals.



You're Invited to Our New Home(page)

We are blessed to have recently launched our new and improved website!

Please check it out at www.powerhousesoberliving.org

This new site includes valuable information about the mission and vision of Power House, features testimonials from past and present guests, showcases how this special place is designed to wrap clean and sober support around people, and shares even more about who we are and what we do!

In Memoriam: Our Friend, Ezekiel

2/3/72 - 9/22/24

Ezekiel Valenzuela now rests in peace with Jesus. He was a dear friend to so many at Power House, a baptized believer, and he is gone from us too soon.

Ezekiel was one of the original guests at Power House. Even when he moved out, Ezekiel wanted to stay close to the brotherhood - moving to the apartment directly upstairs. He was a beacon of hope for the men and proof that turnarounds are possible.

He was one of the awardees at Power House's Night of Comedy & Philanthropy last May in recognition for achieving over 5 years of living clean and sober. He died clean and sober and is survived by his girlfriend, Martina, his sister, and both parents who all loved him so much.

Rest in peace, dear Ezekiel. It was an honor to know you.





Being of Service: L.A. Fire Relief

The destructive and devastating fires are like nothing we've ever seen before. Immediately, the men of Power House wanted to serve the many families and individuals directly impacted by the fires. Photos here show Luciano, Power House Alumni, and Justin from Power House serving at the Dream Center relief station.

In partnership with Venice Church, Power House will be delivering donated goods to those in need and to larger distribution sites. The men have agreed to load/unload physical items from the church and then hand-deliver bottled water, personal prayer support, and pocket Bibles to people awaiting fire relief aid.

This disaster has provided Power House an opportunity to serve others in a time of great need. We are honored to pray with people and provide a bit of Jesus' light of hope during the recovery phase of this emergency.

If you wish to support Venice Church's efforts, please visit <https://venice.church/wildfire> for info on how to help!



Ministry Support Opportunities

Would you like to lead a Wednesday evening Bible Study session?

Or offer an opportunity to the men to participate in a shared meal, a fun outing, or event?

Could you facilitate a warm introduction to others who may want to support Power House?

We'd love your help! Simply email: stephaniecalldwell.powerhouse@gmail.com

Should you wish to support our ministry financially, please:

1. Write your check to Power House Sober Living Corporation and mail it to Power House, Attn: Paul Jones, 240 E Ivy Ave, Unit 1, Inglewood, CA 90302
or
2. Donate electronically via our website at www.powerhousesoberliving.org

(All donations are tax deductible. A donation receipt will be provided.)

May Your 2025 Overflow with God's Goodness!

POWER HOUSE SOBER LIVING

323-535-0830

www.powerhousesoberliving.org

Since 2018 - Inglewood, CA