

# What's Good, Power House?



March 2026



## New Season, New Strength

A new season of sports always brings a sense of momentum, and this spring feels no different. With the Super Bowl behind us, the Olympics freshly wrapped, and the Dodgers gearing up for another run, we're reminded how much discipline, teamwork, and steady progress matter, both on the field and in recovery.

At Power House, those same qualities show up every day as the men set goals, overcome challenges, and celebrate wins that move them closer to lasting stability.

This issue is full of those moments. You'll find highlights from our recent Winter Retreat, where the men stepped away from their routines to reconnect, reflect, and build stronger bonds.

We also reveal the winning produce from our urban garden competition. Proof that growth happens when you tend to something with consistency and care. A healthy vine sure does strengthen everything it supports!

You'll also get to know one of our new House Leads, Brian. His story is a clear example of what can happen when someone commits to the long game and surrounds themselves with people who believe in their potential.

Every strong team has its MVPs, and I'm honored to introduce a pair of Power House's huge-hearted donors who have literally changed the game for us. Their encouragement, generosity, and belief in our mission make everything we do possible.

Lastly, I thank you (yes, you!) for being part of this community. Your support helps create a place where men can rebuild their lives, strengthen their recovery, and move confidently toward the winning future they're working hard to achieve.

Have a blessed day,

*Paul Jones*

### In this newsletter you can expect:

Message From Our CEO + Founder

Power House Guest Spotlight: Brian

Winter Retreat Highlights

In Our Corner: Liane and Steve

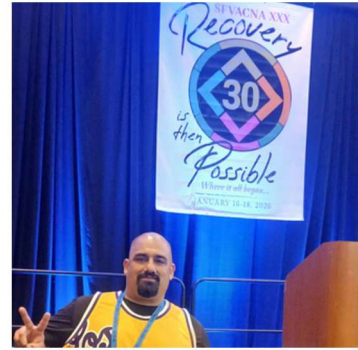
Meet Our New Secretary: Alan

Thank you to our 2025 Donors

Thrivin' and Vibin' Urban Garden

Fundraiser Support Opportunities

## Guest Spotlight: Brian Jordan



When you meet Brian, one of the first things you notice is how steady he appears. That wasn't always the case.

When he first moved into Power House nearly two years ago, he arrived with a lot of uncertainty. He didn't know what to expect. He worried about slipping back into old habits or ending up on the streets again. Quickly he realized the environment was more supportive and structured than he imagined. "It was better than I expected," he says.

Over time, Brian settled into the rhythms of the house and began to see real change in himself. He talks openly about learning patience, responsibility, and how to live with others without "snapping and wanting to fight all the time." Being at Power House has brought him peace of mind.

His growth has been shaped not only by the men around him but also by a small, unexpected source of comfort: little Miracle (Paul's pup). Miracle has become an important part of Brian's daily routine and emotional stability.

Brian thinks people might be surprised by the genuine brotherhood inside Power House. He is amazed by how powerfully God is moving in their lives.

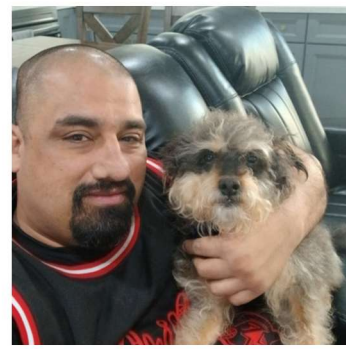
It's not just a group of men living together. It's a true recovery community that shows him how much people can change when they're supported and held accountable. That sense of connection has helped him interrupt the "stinking thinking" that once pulled him toward old, unhealthy behaviors.

Brian is proud of the progress he's made. His relationship with God is stronger than ever. He's learned to keep commitments, including serving in the children's ministry at church. He's held a steady job. And perhaps most meaningful of all, he's rekindling a positive relationship with his mother.

Looking ahead, Brian is focused on continuing to grow and improve. He wants to build a better career and is stepping into House Lead role at Power House, where he will mentor and support others in their recovery journey.

Brian is very appreciative of Paul Jones and Power House for "the opportunity to get well and become a better person in society."

He also holds deep gratitude for Venice Church's Pastor Mark and Marienel for love and support along the way, adding, "it's really helped my heart."





## Brotherhood and Bonding in Big Bear

Just after Christmas, a group of current Power House guests and alumni caravanned safely into the mountains, sharing rides, snacks, jokes, and stories. In Big Bear, they thoroughly enjoyed a powerful three-day winter retreat.

This annual tradition is special. It gives our community space to breathe, disconnect from their normal routine, experience new places, try new sports, and refocus before stepping into a new year of continued sobriety and service.

Once they arrived, the days filled quickly with skiing and snowboarding, friendly competitions, group bonding activities, and late-night games that reminded everyone how good it feels to laugh together. Joy filled the Airbnb!

Between the fun, each guy met with Paul for dedicated one-on-one counseling time, creating room for honest reflection on their growth and limitations in 2025 and renewing personal commitments. Shared meals and star covered evenings in the hot tub offered even more opportunities for the brotherhood to deepen their connection, support, and mutual respect.

On the morning of New Year's Eve, the group returned to Inglewood tired, grateful, encouraged, and united. Together all 10 guests rang in 2026 with hoots and bro hugs. Each man ready to continue their recovery and faith walk with humility and purpose.

We are so grateful to host these retreats and create space for healing in community.



## In Our Corner: Liane and Steve Hornsey



At Power House Sober Living, we're proud to have a community of supporters who stand firmly in our corner. **Donors make all the difference** with their steady encouragement, generosity, and belief in this work. Their impact is intertwined in every life being transformed here, as well as each and every recovery milestone achieved along the way.

In this new, recurring feature, we sit down for a Q&A with the people who help make our mission possible, starting with our dear friends, Liane and Steve Hornsey.

### **What values guide your personal giving?**

We believe that helping individual people is a basic tenet of being human. We aim our philanthropy at a very personal level. We started by funding lymphoma research with UCLA because our daughter was ill when she was 19. We wanted to help in a practical way by funding the salaries of doctors researching the disease. We believe the research undertaken will get FDA approval soon, which would be amazing.

### **Why did you choose to support Power House in particular?**

We have seen the impact of alcohol abuse close up and therefore the aims of Power House mean a great deal to both of us. People in recovery deserve support, time, space and the right surroundings. We are delighted to have enabled the purchase of their house.

### **How do you hope your support helps move the needle for Power House men, or their families?**

We have learned over time that the opportunity to recover in a supportive environment where sobriety is paramount absolutely works. Addiction is hard. It's hard on those addicted and hard on their families. We believe it's reassuring to the families of the Power House guests to know that each one of them is in the safest of hands, surrounded by people who genuinely care.

### **What's something you wish more people understood about the need for safe, sober housing, or addiction recovery in general?**

Addiction is insidious. It is far more pervasive, real, and painful than those who have not experienced it can possibly understand. We wish every person believed the truth that help and support are absolutely vital to recovery.

Sober living is exceptionally challenging, and we should do everything to ensure it's not a punishment. Every addict is going through pain. Every person kicking an addiction is fighting daily. Judgement is not an option.

### **What gives you hope about the work happening at Power House?**

The results. It's very simple, we witness first hand the love poured into supporting the guests and we see each one getting stronger month by month. It's just wonderful.

### **What has supporting Power House meant to you personally?**

It's no secret that helping others brings joy and peace to the giver. Liane, in particular, sees many of the Power House guests regularly at Venice Church. Each week she overflows with stories of their progress.

We believe philanthropy is best when focused on individuals - person-by-person - making a difference day-by-day to those who, through no fault of their own, need support. It's very clear to us that everyone has problems and flaws. We all need help in some way. If we can do anything to support anyone, well, why wouldn't we?

## Introducing our Board Secretary: Alan Vasquez, MBA



Alan Vasquez is an educator, social entrepreneur, and dedicated advocate for individuals in recovery. He holds an MBA with a focus on socially conscious leadership and brings a wealth of experience in education, nonprofit program development, and community advocacy.

Alan's journey to Power House is deeply personal, shaped by his own recovery experience and the transformative support he found in sober living environments. He has been instrumental in advancing Power House's strategic planning, fundraising efforts, and community outreach initiatives.

He is deeply committed to expanding access to recovery housing for people in need. A lifelong learner himself, Alan strongly advocates for life-skills development programs at Power House. In his personal time, he enjoys staying fit, playing the flute, and pursuing wisdom and knowledge.

## BIG THANK YOU TO OUR 2025 DONORS

LIFELINE LEAGUE	MOMENTUM MAKERS	HOPE BUILDERS
<p>These donors provide vital monthly support:</p> <hr/> <p>Joanna Bender</p> <p>Larry Szulc</p> <p>Rea Frazier</p> <p>Stephanie Caldwell</p> <p>Thomas Nichols</p> <p>Toni White</p>	<p>These donors provided significant one-time financial support to Power House in 2025:</p> <hr/> <p><b>Eastlake Community Church</b></p> <p><b>Morgan Stanley via Renaissance Charitable Foundation</b></p> <p><b>Boeing via the Blackbaud Giving Fund</b></p> <p><b>Playa Realty</b></p> <p><b>Liane &amp; Steve Hornsey</b></p> <p><b>Janine &amp; Steve Anderson</b></p> <p><b>Steven McGinty</b></p>	<p>These donors provided crucial one-time funding in 2025:</p> <hr/> <p>Carol Edwards</p> <p>Heather Jue Northover</p> <p>Luchiano Machado</p> <p>Lyle &amp; Glenda Mockros</p> <p>Martin Drayton</p> <p>Neil &amp; Claire Horita</p>

Visit [www.powerhousesoberliving.org/donate](http://www.powerhousesoberliving.org/donate) to explore all the pathways to show your support for Power House today!



## It Can't be BEET!

Good things have been growing in Power House's urban garden.

The friendly competition to see who could grow the first item large enough to provide everyone with a legitimate bite was finally awarded to Matthew.

He really BEET the competition!  
It was a total BEETdown.  
He BEET the rest to the punch.  
I'll stop.

## Congratulations!

Three Power House men are moving into a bright, new future together. We are so proud of Matthew, Robert, and Jesus for their steady progress and growth at Power House.

Together, they've rented a home of their own in Mid-City. We love to see the brotherhood continue beyond our doors.

Congratulations!



## - Help Us Set the Stage: A Night of Comedy & Philanthropy -

Power House is building its **2026 Fundraiser Planning Team**, and we'd love to have more friends in the mix! This volunteer crew will shape our July 11<sup>th</sup> fundraiser. If you enjoy planning events, building community, or just want to lend your creativity, this is a great way to make a real impact. The team meets every other Friday evening on Zoom.

We're also seeking **donated items for the Silent Auction**. Art, sporting event tickets, spa packages, new household goods, memorabilia, and similar items are all welcome. *Note: All physical items must be received by 6/30/26. A donation receipt will be provided for 2026 tax purposes.*

To volunteer or donate an item, please text Paul at the number below for next steps! THANK YOU!!

POWER HOUSE SOBER LIVING	323-535-0830
www.powerhousesoberliving.org	Since 2018 - Inglewood, CA